



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast with Tea /Coffee	Assorted Cereals, Porridge, Eggs (Poached, Fried, Scrambled, Boiled), Grilled Bacon, Grilled Sausage, Beans or Toast Jam and Marmalade						
Lunch	Chicken Chasseur Creamed New Potatoes Broccoli and Sweetcorn	Braised Steaks Creamed Noisettes Cabbage Swede	Roast Chicken and Stuffing Creamed Roast Sprouts and Cauliflower	Lamb and Chick Pea Stew Creamed Croquettes Carrots and Green Beans	Fried and poached fish Creamed Chips Mushy Peas	Chicken and Mushroom Pie Creamed Sauté Petit Pois Cabbage	Roast Beef and Yorkshire Pudding Creamed Roast Swede Broccoli
Desert with Tea / Coffee	Rhubarb Crumble	Jam Sponge	Bread and Butter Pudding	Gooseberry Crumble	Sago	Syrup Sponge	Eves Pudding
Main Course (Tea)	Pork Pie and Mushy Peas	Breaded Plaice Chips and Tartare Sauce	Scrambled Eggs on Toast	Quiche Chips and Beans	Spaghetti Bolognaise	Macaroni Cheese	Soup and Sandwiches
Desert	Banana Mousse	Fruit Meringue	Fruit Flan	Cheesecake	Artic Roll	Raspberry Mousse	Trifle
Supper	Assorted Sandwiches, Cheese on Toast, Cheese & Crackers, Poached Eggs, Cake and Biscuits						